



Staying independent and safe at home is important for an older person's wellbeing and peace of mind. Yet for some people living alone, there may be additional anxiety around having a fall or feeling unwell and no one knowing about it.

Using Smart Home technology can provide a simple and unobtrusive safety net by triggering a response if something happens and a person is unable to call for help.

How it works

Smart Home technology monitors a person's usual daily activity through discrete smart plugs placed on every day, frequently used home appliances, for example a kettle, a TV, a refrigerator, a microwave oven or a bedside lamp. Basically, any appliance used in your normal daily routine.

If there are unusually long periods of inactivity in a person's home or changes in their routine, alerts will be raised and a text message will be sent to the person's nominated contact so they can check to see if everything is okay. If there is no response, the individual's emergency plan will be activated which may include contacting family or undertaking a welfare check.

Who can benefit?

Smart home technology is suitable for any person who:

- Currently lives alone;
- Lives with a spouse or carer but would be unable to call for help if they were absent or became incapacitated;
- Has the capacity to regularly use home appliances.





Installing and operating the system

Five Smart Home plugs are provided. Installing them is as simple as placing them into the power outlet and then plugging in the appliance, in the same way you would use a double adaptor. Each plug has an inbuilt SIM card so it runs independently of the internet. This enables usage data to be transmitted and monitored and changes in normal activity to trigger an alert.

If there is a power outage, the system will alert nominated contacts advising them the system is offline, likely due to a power outage. When power resumes, the system will again notify nominated contacts. And if you intend being away for any period of time, a simple notification is all that is required.

Arranging your Smart Home system

Smart Home technology is in high demand. Uniting AgeWell has a special arrangement in place enabling us to secure a limited supply and provide low cost, subsidised access to the system for our clients.

To find out more, get started, or arrange a trial, please contact your local Uniting AgeWell Home Support Team or call 1300 783 435.